

St. Stephen Sacramental Prep 2

Saint Project/Confirmation Name

On the day of your baptism, your parents were asked, "What name do you give your child?" Their response is the name by which you are called, your baptismal name. You became a Child of God and heir to the Kingdom of God on that day! Your parents and godparents accepted the responsibility to form you and train you in our Catholic faith. This gift of faith has been handed down through generations, by our family, friends, and all of the faithful men and women throughout the centuries. The saints are those whom the Church recognizes as being in Heaven, and serve as models of faithful living. As Catholics, we believe that the saints are with God and continue to intercede on our behalf, when we pray to them for help.

As a candidate for the Sacrament of Confirmation, you are encouraged to choose a saint, to whom you may turn, your patron saint, during this time of preparation and throughout your life, as a source of spiritual strength and guidance. Please spend time reflecting on the following as you consider your Confirmation saint and name:

- Which saint inspires you? What do you admire about this saint? What virtues did he/she practice during their life?
- Ask your parents how they picked the name you received at Baptism (first or middle). Were you named after a particular saint?
- In which parish where you baptized? Consider researching that saint.
- Saints were (are) ordinary people who strove (strive) to do God's will. When interviewed, Mother Theresa was asked, "What are you trying to do, become a saint?" Mother responded, "Yes. Shouldn't we all strive for that?" Discuss the call to be holy people with your parents and sponsor.

Other options to consider:

- You may choose to use your baptismal name (first or middle name) which would symbolize a sacramental connection of the Sacraments of Initiation (Baptism, Confirmation, and Holy Communion). Using your baptismal name could demonstrate that you feel there has been a continual growth in your faith and that you continue to accept living in Christ and desire to be strengthened with the graces of the sacrament.
- You may choose the name of a saint that you have spent time learning about who is an example of how a true follower of Christ lives. By doing so, this choice could symbolize a renewal in dedication to your personal journey of faith. You might consider this if you feel that you have not been particularly strong in your faith commitment but are willing to make a renewed commitment to Christ and the Catholic community.

Whether you choose to be confirmed with your baptismal name or take a new name, you are asked to complete a project about a saint in the Church. You may write a report, make a collage, design a brochure, write a poem, create a PowerPoint, etc.

You may use books or the internet (some sites are listed below) to *research* your saint. However, the project should be your **own** work in your **own** words. We also have books in my office that you may check out at your convenience.

Please include the following information should be included in your project:

St. Stephen Confirmation Prep Program

Saint and Name Project

- The name of your chosen saint and their feast day; background information on family, occupation.
- Name you have selected as your Confirmation name
- What this person did to be called a saint (miracles, dedicated life, martyr, exemplary life of service).
- What made you choose this particular saint (what do you admire, how you were inspired, and a how does he/she model faith for you)?

Helpful websites:

www.catholic.org/saints

www.catholic-forum.com/saints/patronm.htm

www.scborromeo.org/patron.htm

www.catholic-pages.com/saints/process.asp

www.americancatholic.org/features/saints/byname.aspx

<http://www.newadvent.org/fathers/>

"I have called you by name: you are mine"

Isaiah 43:1

Confirmation Saint Project is due on

(Confirmation Retreat Day!)